

Montreal Kanreikai Karate

4830, St-Charles, Pierrefonds, QC, Canada - 514-998-1546 - kanreikai.ca - info@kanreikai.ca

January 25, 2010

Osu! Shihan, Sensei or Senpai:

We are pleased, at **Montreal Kanreikai Karate**, to invite you and your students to take part in the
YUKAN Karate Championship 2010
on Saturday, May 1st,
at the Casgrain Sport Center of John Abbott College,
21275 Lakeshore Road, Sainte-Anne-de-Bellevue, QC, Canada.

Kata and Weapon Kata events will be held in the morning while Semi-knockdown Fighting will take place in the afternoon. Participants of all ages, karate styles and belt levels are welcome.

Application fees are **\$35 CAD** per participant for one event, plus **\$10 CAD** for each additional event. As enrolled participants will be assigned to their respective categories in advance, we ask you to submit all application forms **no later than Tuesday, April 27**. **All applications received after this date will be rejected.**

Registration of participants will take place on May 1st, between 8:00 and 9:00am, at the Casgrain Center. All registered semi-knockdown fighters will be weighed between 8:00 and 11:00am inside the gymnasium. Kata competition will start promptly at 9:30am.

Enclosed are the application forms and all necessary information about the Championship.

At Montreal Kanreikai, we are preparing this **10th edition of our annual Karate Championship** with great enthusiasm. As in previous years, we wish to offer to all participants from Canada and the United States the opportunity to meet each other and compete in the best possible conditions in front of their parents and friends.

We look forward to welcoming you and your students in Ste-Anne-de-Bellevue on May 1st.

Osu!

Sensei Denis Cordeiro

P.S.: Please note that **Montreal Kanreikai Karate** will present the **YUKAN World Karate Championship 2010**, featuring world renowned Knockdown fighters, next November in Sainte-Anne-de-Bellevue. Details about this event will be released shortly!

Montreal Kanreikai Karate

YUKAN KARATE CHAMPIONSHIP 2010

Saturday, May 1st 2010

APPLICATION PROCEDURE

Deadline for Submitting Application Forms

Tuesday, April 27, 2010. All applications received after this date will be rejected.

Application by Mail, Fax or Email

- You can mail, fax or email the completed and signed “**Individual Application Form**” for each participant.
or
- You can use the enclosed “**Group Application Form**” and send us the information about several participants at once, in a fast and succinct manner.

Mailing address:

Sensei Denis Cordeiro
Montreal Kanreikai Karate
4830 St-Charles, Pierrefonds, QC,
Canada, H9H 3E1

FAX:

514-620-8441

Email address:

info@kanreikai.ca

Please note that participants enrolled by means of the “**Group Application Form**” or by **email** will need to provide their “**Individual Application Form**” already completed and signed during registration on May 1st in order to insure their participation in the Championship.

Payment for competition

Application fees can be paid either in advance by check (by mail) or in cash during registration on May 1st between 8:00 and 9:00am.

Important Notice

A **parent** or **legal guardian** must **sign** the “Individual Application Form” for any **competitor aged 17 or under**, in order to insure his/her participation in the Championship.

We thank you in advance for your cooperation. For additional information, do not hesitate to call **Sensei Denis Cordeiro** at **514-998-1546**.

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JUDGES

- All sensei and senpai wishing to participate in the Championship as judges will need to wear the appropriate attire (black trousers, black or white shirt) and provide their own whistle.
- Judges will meet at 9:15am, before the kata and weapon kata competition. Another meeting will take place before the semi-knockdown competition at 1:15pm.
- **We strongly advise all judges to review the enclosed list of semi-knockdown rules that will be in force during the Championship.**

CATEGORIES AND SUB-CATEGORIES

Enrolled participants are grouped into pre-established categories according to the type of event (kata, weapon kata, semi-knockdown fighting), their age, belt level, sex and weight (for semi-knockdown) – see enclosed tables of categories. A minimum of two participants per category is required; if only one candidate is enrolled, he/she will be reclassified or reimbursed. If too many participants are enrolled into the same category, the category will be divided into two or more sub-categories.

During registration, an identification number will be written on the participant's left hand. The category (or sub-category) number for each event in which the participant has registered will be written on his/her right hand.

During the competition, categories (and sub-categories) will be called in increasing numerical order (1, 2, 3, 4-1, 4-2, 5, etc.). Each category (sub-category) being called will be paired with a letter (A, B, C, D, etc.) identifying the court where the event will take place. The number of the category (or sub-category) will also be displayed in front of the corresponding court.

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SENSEI AND COACHES

We are pleased to welcome free of charge all sensei and coaches from the participating dojo. However, we are limiting the number of coaches per dojo to a ratio of **1 coach for approximately 10 enrolled participants**. We would like to avoid having too many coaches inside the competition area in order not to impede the work of judges and volunteers nor block the view of parents and friends watching from outside this area.

Sensei

- On arrival, all sensei must go to the “**Sensei table**” located in the entrance of the Casgrain Center. They will receive the badges and entry tickets for their coaches (according to the ratio of 1 coach for 10 enrolled participants). Every coach will have to wear a badge to have access to the competition area.
- Sensei will be invited (if need be) to pay off their students' application fees at this table; they will also have the opportunity to ask for any additional information.
- All Sensei will meet with Sensei Denis Cordeiro in the gymnasium at 9:15am before the morning competition and at 1:15pm before the afternoon competition.
- Trophies will be awarded immediately after the completion of the event for each (sub-) category.
- The winners of each (sub-) category will be invited to go to the podium to have their picture taken.

Coaches

The coaches selected by the sensei will take charge of their students throughout the competition.

Their main tasks will be as follows:

- Ensure that their students promptly go to the table of the designated court when their (sub-) category is called by the announcer; the (sub-) category number will be displayed in front of each court and written on each participant's right hand;
- Ensure that their students participating in the semi-knockdown competition wear the mandatory protection gear and remain near the court throughout the event;
- Ensure that their students having won one of the three first places go to the podium to have their picture taken immediately after the trophies ceremony;
- Ensure that their students behave in a courteous manner and show sportsmanship;
- Ensure that their students' parents and friends remain outside the competition area.

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DIRECTIVES FOR SEMI-KNOCKDOWN PARTICIPANTS

- **Weigh-in is mandatory for all semi-knockdown participants.** They must complete their registration by reporting to the "Weigh-in table" between 8:00 and 11:00am. All fighters must have an ID card readily available to confirm their age, if needed.
- In fairness to our junior participants and for their safety, please, make sure that the weight of each participant enrolling for the semi-knockdown competition is as exact as possible. Note that too large a discrepancy between a participant's weight on the morning of the Championship and the weight indicated on his/her application form could lead to his/her disqualification.
- On the morning of the Championship, competitors significantly lighter or heavier than most of the participants in their category will be either reclassified into another category with the consent of their parents or instructor, or reimbursed for that event.
- Participants in the semi-knockdown competition **must provide the mandatory protective gear** in conformity with the (enclosed) rules in force at the Championship.
- Note that, for categories of fighters 13 years old & under, there will be no fight for the third place. Both candidates will take third place and get one trophy each.

ENTRY FEES FOR SPECTATORS (in CAD\$)

Adult & Teen:	\$10
Child (6 -12 yrs old):	\$5
Child (5 yrs old & under):	Free

SNACK BAR

Drinks and snacks will be on sale from 9:00am to 5:00pm at the Snack Bar located at the entrance of the gymnasium.

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Adult Black Belt Kata Category (Morning)

NO.	AGE	BELTS	GENDER
1	18 & over	Black	Men & Women

Weapon Kata Categories (Morning)

NO.	AGE	BELTS	GENDER
2	13 & under	Green to Black	Boys & Girls
3	14 to 17	Green to Black	Boys & Girls
4	18 & over	Green to Black	Men & Women

Kata Categories (Morning)

NO.	AGE	BELT	GENDER
5	5 & under	White & up	Boys & girls
6	6 & 7	White to yellow	Boys & girls
7	6 & 7	Orange & up	Boys & girls
8	8 & 9	White to orange	Boys & girls
9	8 & 9	Green & up	Boys & girls
10	10 & 11	White to orange	Boys & girls
11	10 & 11	Green & up	Boys & girls
12	12 & 13	White to orange	Boys & girls
13	12 & 13	Green & up	Boys & girls
14	14 & 15	White to orange	Boys & girls
15	14 & 15	Green & up	Boys & girls
16	16 & 17	White to orange	Boys & girls
17	16 & 17	Green & up	Boys & girls
18	18 & over	White to blue	Men & women
19	18 & over	Yellow to orange	Men & women
20	18 & over	Green to brown	Men & women

All participants 13 years old & under will receive a medal to emphasize their participation, effort and sportsmanship.

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Semi-knockdown Categories (Afternoon)

NO.	AGE	BELT	FULLCHEST PROTECTOR	WEIGHT (lbs)	FIGHT DURATION (minutes)	FIGHT FOR 3 RD PLACE	GENDER
21	5 & under	White & up	Highly recommended	---	1.5	No	Boys & Girls
22	6 & 7	White to yellow	Highly recommended	---	1.5	No	Boys
23	6 & 7	White to yellow	Highly recommended	---	1.5	No	Girls
24	6 & 7	Orange & up	Highly recommended	---	1.5	No	Boys
25	6 & 7	Orange & up	Highly recommended	---	1.5	No	Girls
26	8 & 9	White to orange	Highly recommended	---	1.5	No	Boys
27	8 & 9	White to orange	Highly recommended	---	1.5	No	Girls
28	8 & 9	Green & up	Highly recommended	---	1.5	No	Boys
29	8 & 9	Green & up	Highly recommended	---	1.5	No	Girls
30	10 & 11	White to orange	Highly recommended	---	1.5	No	Boys
31	10 & 11	White to orange	Highly recommended	---	1.5	No	Girls
32	10 & 11	Green & up	Highly recommended	---	1.5	No	Boys
33	10 & 11	Green & up	Highly recommended	---	1.5	No	Girls
34	12 & 13	White to orange	Highly recommended	---	1.5	No	Boys
35	12 & 13	White to orange	Highly recommended	---	1.5	No	Girls
36	12 & 13	Green & up	Highly recommended	---	1.5	No	Boys
37	12 & 13	Green & up	Highly recommended	---	1.5	No	Girls
38	14 & 15	White to orange	Highly recommended	---	2	Yes	Boys
39	14 & 15	White to orange	Highly recommended	---	2	Yes	Girls
40	14 & 15	Green & up	Highly recommended	---	2	Yes	Boys
41	14 & 15	Green & up	Highly recommended	---	2	Yes	Girls
42	16 & 17	White to orange	No	---	2	Yes	Boys
43	16 & 17	White to orange	Allowed	---	2	Yes	Girls
44	16 & 17	Green to brown	No	---	2	Yes	Boys
45	16 & 17	Black	No	---	2	Yes	Boys
46	16 & 17	Green & up	Allowed	---	2	Yes	Girls
47	18 & over	White to orange	Allowed	---	2	Yes	Women
48	18 & over	Green & up	Allowed	---	2	Yes	Women
49	18 to 34	White to orange	No	160 & under	2	Yes	Men
50	18 to 34	White to orange	No	161 to 180	2	Yes	Men
51	18 to 34	White to orange	No	181 & over	2	Yes	Men
52	18 to 34	Green & up	No	160 & under	2	Yes	Men
53	18 to 34	Green & up	No	161 to 180	2	Yes	Men
54	18 to 34	Green & up	No	181 & over	2	Yes	Men
55	35 & over	White to orange	No	---	2	Yes	Men
56	35 & over	Green & up	No	---	2	Yes	Men

All participants 13 years old & under will receive a medal to emphasize their participation, effort and sportsmanship.

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YUKAN KARATE CHAMPIONSHIP 2010

Saturday, May 1st 2010

INDIVIDUAL APPLICATION FORM

LAST NAME: _____ DOJO: _____

FIRST NAME: _____ BIRTH DATE (yr/mo/day): _____

CITY – PROV/STATE: _____ COUNTRY: _____ TEL: _____

STYLE: _____ INSTRUCTOR: _____

GENDER: _____ WEIGHT: _____ lbs _____ kg HEIGHT: _____ RANK (KYU): _____

EVENTS (circle): KATA WEAPON KATA SEMI-KNOCKDOWN

APPLICATION FEES (circle): \$35 CAD (one event) \$45CAD (two events) \$55 CAD (three events)

I, the undersigned, do hereby willingly submit my application to participate as a competitor in the **YUKAN KARATE CHAMPIONSHIP 2010** and I do hereby commit myself to abide by the rules in force during this event. I also take on full responsibility for any damage, injury, or other offences that I may sustain or inflict during this karate competition. Finally, I renounce to intent any legal action or claim against the instructors or promoters of this tournament.

I accept that any photo or video taken of me in the context of the tournament could be used for the publicity or promotion of the **World Kanreikai Karate Organization** and, if the occasion should arise, I waive any claim of a monetary compensation. I understand that the money paid (or to be paid) with regard to this tournament is in no case refundable (unless the tournament is cancelled). Lastly, I understand and I accept that, in the event of an injury, the medical assistance I would receive on the tournament site would be limited to first aid care.

I have fully read and understood the content of the present document and I willingly agree to sign this release from liability in order to participate in this karate competition organized by **Montreal Kanreikai Karate**.

Signed in _____, on the _____ of _____ 2010

Participant signature: _____ age: _____
(if 17 years old or under, parent or guardian)

----- Cut here and keep lower part -----

Useful information for competitors in the YUKAN Karate Championship 2010:

Date: May 1st 2010

Location: Casgrain Sport Center, John Abbott College, 21275 Lakeshore Rd, Ste-Anne-de-Bellevue, QC, Canada

Registration: 8:00 to 9:00am - **Application fees must be paid in cash only**

Mandatory weigh-in for semi-knockdown fighters: 8:00 to 11:00am

- Weight (on Application Form) must be as exact as possible (to avoid disqualification)
- Fighter and coach must become acquainted with semi-knockdown rules in use
- Mandatory protective gear must be provided by fighter

Kata Competition: 9:30am to 12:30pm

Sequence of kata events: Adult Black Belt Kata - Weapon Kata – Kata

Semi-knockdown Competition: 1:30pm to 5:00pm

Trophies presentation and official photo of winners after each event

Snack Bar: Drinks and snacks on sale in the Gymnasium from 9:00am to 5:00pm

Important: All spectators must remain outside the competition area in order to facilitate the work of judges and volunteers. Only sensei and “duly identified coaches” will be allowed inside the competition area.

Montreal Kanreikai Karate

YUKAN KARATE CHAMPIONSHIP 2010

SEMI-KNOCKDOWN FIGHTING RULES

1. SEMI-KNOCKDOWN FIGHT

A fight involving two opponents who may hit each other with "full contact" as long as they use legal karate techniques

2. PROTECTION GEAR

- Each fighter must wear the mandatory protection gear that includes **shin pads with instep, fighting gloves and head gear**.
- A mouthpiece is highly recommended to **all fighters**.
- A groin cup is highly recommended to **male fighters**.
- A full chest protector (supplied on the competition site) is highly recommended to **fighters 15 years old & under**.
- **Male fighters 16 years old & over**, are not allowed to wear a chest protector.
- **Female fighters 16 years old & over**, are allowed to wear a full chest protector, if desired.

3. REFEREEING (JUDGES)

- A refereeing team consists of one center judge, 2 or 4 corner judges, a timekeeper and a scorekeeper.
- The center judge takes precedence over the other judges and his decisions are final in all matters, including points allocation, points deduction and fighters disqualification.
- The center judge may nonetheless consult the corner judges and timekeeper before announcing his decision.

4. COACHES

- Each fighter is allowed one coach who may bring grievances to the center judge.
- The coach of each fighter is the only person who may sit near the fighting area.
- The coach is not allowed to access the fighting area at any time.

5. FIGHT DURATION

- The duration of the fight is 2 minutes - **1 ½ minute for fighters 13 years old & under**.
- If there is a draw, the duration of the first extension round is 1 minute.
- If there is a second draw, the duration of the second and last extension round is 1 minute.

6. LEGAL TECHNIQUES

- Open hand strikes, punches, knee kicks and straight kicks to the body.
- Circular kicks to the legs and body.
- Circular kicks to the head for **fighters 14 years old & over**.
- Straight kicks and knee kicks to the face for **adult fighters 18 years old & over**.
- Momentary grabbing (½ second) for **adult fighters 18 years old & over**.

7. ILLEGAL TECHNIQUES

- Kicks to the knee joint, such as Gedan Yoko Geri, Kakato Geri and Gedan Mawashi Geri.
- Open hand strikes, punches, elbow strikes and head-butt to the face, head or neck.
- All strikes – using hand, fist, elbow, knee, foot - to the groin or back.
- Sweeping technique followed by falling on the opponent with the purpose of causing damage.
- Escaping the fighting area in order to avoid an opponent (resulting in ½ point deduction).
- Grabbing for **fighters 17 years old & under**.
- Straight kicks and knee kicks to the face for **fighters 17 years old & under**.
- Circular kicks to the head for **fighters 13 years old & under**.

Montreal Kanreikai Karate

YUKAN KARATE CHAMPIONSHIP 2010

SEMI-KNOCKDOWN FIGHTING RULES (continued)

8. IPPON – WAZAARI - KOUKA

- One ippon (1 point) is awarded to a fighter who puts his opponent out of the fight for 3 seconds or more, using any legal technique – the fight is interrupted by the center judge.
- With one scored ippon, a fighter is granted victory – the fight is over.

- One wazaari (½ point) is awarded to a fighter who puts his opponent out of the fight for less than 3 seconds, using any legal technique – the fight is temporarily interrupted by the center judge.
- After one wazaari has been scored, fighters resume fighting.
- One scored wazaari (against none for the opponent) does not guarantee victory for the fighter but carry weight into the judges' decision.
- Two scored wazaari add up to one ippon: the fighter is granted victory - the fight is over.

- One kouka is allocated to a fighter for striking his opponent with a clean solid shot (by any legal technique) that reaches its target – the fight is not interrupted.
- Kouka are taken into account by judges when deciding the winner of a fight (during which no ippon has been scored).

9. HOW TO WIN A SEMI-KNOCKDOWN FIGHT

- By scoring one ippon (1 point).
- By scoring two wazaari, each one being worth ½ point.
- By decision of a majority of judges: judges take into account the kouka and wazaari (if any) allocated to each fighter – the center judge takes precedence and can always reverse the decision.
- Given rule violations by the opponent (incurring ½ point deduction).
- Given the disqualification of the opponent.
- Given the withdrawal from competition of the opponent.

10. WARNINGS

- The center judge may issue unofficial warnings to the fighters while a fight is in progress.
- An official warning is either a decision by a majority of judges or by the center judge alone.
- All official warnings must be entered on the official scoreboard.

11. DISQUALIFICATION

- In the case of **non intentional violations**:
 - Two warnings result in ½ point deduction;
 - Four warnings result in the disqualification of the fighter at fault.
- In the case of **one clearly intentional violation**: the center judge may impose ½ point deduction or immediately disqualify the fighter at fault.
- If a fighter shows a lack of sportsmanship, the center judge may disqualify him immediately.
- The final decision to disqualify a fighter rests with the center judge.

Accommodations

Super 8 Motel

3200, boul, de la Gare,
Vaudreuil-Dorion, QC, J7V 9J5
450-424-8898

Current rates: \$90.00 CAD + taxes, per room, per night

- Double occupancy
- 2 double size beds
- TV and phone
- Bathroom
- Breakfast included

Please, make reservations as soon as possible.

Just mention that you are taking part in the YUKAN Karate Championship 2010!!

Directions from Montreal to Super 8 Motel

- 1: Take AUTOROUTE 40 OUEST toward HULL / OTTAWA.
- 2: Take AVENUE SAINT-CHARLES exit, EXIT 35, toward CENTRE-VILLE/
VAUDREUIL-SUR-LE-LAC. 0.5 mi
- 3: Turn LEFT onto AVENUE ST-CHARLES. 0.3mi
- 4: Turn RIGHT onto BOULEVARD DE LA CITÉ-DES-JEUNES 0.3mi
- 5: Turn RIGHT onto BOULEVARD DE LA GARE. 0.2mi

 End at 3200 Blvd Gare Vaudreuil-Dorion, QC











Directions from Super 8 Motel to Casgrain Sport Center

1	Turn left on Rue de la Gare	go 0.1 km total 0.2 km
2	Turn left at Boulevard De la Cité-des-Jeunes About 1 min	go 0.4 km total 0.7 km
3	Take the ramp About 1 min	go 0.4 km total 1.0 km
4	At the roundabout, take the 3rd exit onto the Autoroute Félix-Leclerc ramp About 1 min	go 0.4 km total 1.4 km
5	Merge onto Autoroute Transcanadienne (40 east) About 4 mins	go 6.0 km total 7.4 km
6	Take exit 41 toward Boulevard Des Anciens Combattants	go 0.4 km total 7.8 km
7	Keep right at the fork, follow signs for Île Perrot/Ste - Anne - de - Bellevue and merge onto Boulevard Des Anciens Combattants About 3 mins	go 1.7 km total 9.4 km
8	Continue on Rue Saint-Pierre About 1 min	go 0.4 km total 9.8 km
9	Turn left at Rue Sainte-Anne About 1 min	go 0.5 km total 10.3 km
10	Turn left at Avenue Maple Destination will be on the left	go 0.2 km total 10.5 km
END	14, Avenue Maple, Ste-Anne-de-Bellevue, QC	

Directions from the USA to John Abbott College

John Abbott College

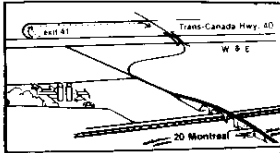
21275 Lakeshore Road,
Sainte-Anne-de-Bellevue, QC
Canada

-  5: Take the I-87 ramp toward THRUWAY. 0.2 miles [Map](#)
-  6: Merge onto I-87 N toward ALBANY (Portions toll). 265.6 miles [Map](#)
-  7: I-87 N becomes AUTOROUTE 15 N. 32.9 miles [Map](#)
-  8: Take EXIT 53 toward AUT-15 N/AUT-20 O/AUT-10/PONT CHAMPLAIN/MONTRÉAL/SHERBROOKE/QUÉBEC. 0.1 miles [Map](#)
-  9: Stay STRAIGHT to go onto BOULEVARD MARIE VICTORIN. 0.3 miles [Map](#)
-  10: Take the AUT-10 O/AUT-15 N/AUT-20 O ramp toward PONT CHAMPLAIN/MONTRÉAL. 0.5 miles [Map](#)
-  11: Merge onto AUTOROUTE 15 N/AUTOROUTE 20 O. 5.6 miles [Map](#)
-  12: Take the AUT-20 O exit- EXIT 63- toward AÉROPORT DORVAL/TORONTO. 0.8 miles [Map](#)
-  13: Merge onto AUTOROUTE 20 O. 17.4 miles [Map](#)
-  14: Take EXIT 39 toward STE-ANNE-DE-BELLEVUE, THEN TURN LEFT AT THE STOP SIGN.
GO ALL THE WAY TO THE END, TURN LEFT ON LAKESHORE RD
21275 Lakeshore Road, Ste Anne De Bellevue

CASGRAIN CENTER, JOHN ABBOTT COLLEGE

21275 Lakeshore Rd, Ste-Anne-de-Bellevue, Québec

exit 41 Trans-Canada Hiway



CEGEP JOHN ABBOTT COLLEGE

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